

## St Christopher's Newsletter

St Christopher's Primary School 34 Roberts Road, AIRPORT WEST 3042 Phone: 03 9338 3591 Email: info@stcapw.catholic.edu.au

Term 1 ~ Week 5 ~ February 25 2021

## **PRINCIPAL:**

**Adrian Glasby** 

## DEPUTY PRINCIPALS:

Colleen Mahoney
Faith & Organisation

Denis Johnstone Students, Staff & Community

## 2022 SIBLING ENROLMENTS

2022 enrolment forms for siblings need to be handed in at the office by March 11.

Hard copies are available at the office or otherwise, can be downloaded from our website.

Thank you

Diana Brezovec-McKenzie Enrolment Officer

## STUDENT FREE DAYS 2021

Thurs Mar 18 Fri Mar 19 Fri Aug 20 Mon Nov 1

NO CANTEEN THIS TERM

RE-OPENING DATE TO BE ADVISED Dear Parents,

We hope this newsletter finds you well and you and your families were able to navigate the latest snap lockdown. 2021 has not been the smooth sailing year that we were all hoping for after the year that was 2020, however, we are optimistic about the future as the first round of vaccines has begun to roll out. These certainly are different and uncertain times.

The pressures of these times can certainly affect us all. This often leads to stress and concern for many of our families and for ourselves. All of us feel this stress at times. In today's newsletter we wanted to highlight two positive strategies to dealing with stress and the potential long term effects of not addressing these challenges in our lives. These are also strategies that are taught to your children at St Christopher's:

### Don't sweat the small stuff

It's a statement that's been around for a while. There was even a book written about it by Richard Carlson. The concept is closely linked to only worrying about the things we can't control. We will have many things we are concerned about and they come up every day. The practice of "letting go" of the things that are not important enough to be concerned about and those we cannot control are a great way of minimising potential stress in our lives and focussing on the important things we can control. There are two important questions to ask ourselves:

- Is this worth worrying about it?
- Even if it is worth worrying about. Can I control or change it?

These two questions can be great to ask our children and ourselves. If something is worth worrying about and we can control, change or adapt it then it deserves our attention and it's time to think of a plan to respond. If we can't, then we need to think about changing tack and practising acceptance. Sometimes, it just is what it is ...

### **Help Seeking**

It can be difficult in our busy lives to stop and check-in with how we are genuinely feeling about what is happening to us and around us. We simply don't have the time or may not want to enter into that headspace for fear of what we might find here. Despite our reluctance to assess our own feelings and wellbeing (as parents we are always looking out for our families), it remains a vital part of our adult lives.

Help Seeking does not need to be going to the GP and getting a mental health plan together and following up with sessions with a psychologist, although it might be. Help Seeking can be done in a very low key manner, it could be organising that catch-up dinner with friends and then having that cathartic conversation about what is on your mind or what you have been stuck on. It might mean that you talk to your wife/husband about how things have been getting on top of you a bit lately and then game-planning how to ease some of those pressures. It might even mean just taking some timeout for yourself - something parents rarely do, we can get down on ourselves about being selfish, but practising self-care is actually being selfless in the long run.

Whatever works for you, please have a think about how you might seek help when you need it and how you might be able to identify those times when your tank is running low.

We have attached a link to an article on the Beyond Blue Website that discusses the links between Stress and Anxiety and Depression. A good, easy read that will help you to identify when things might be getting a bit too much for you, and a reminder to seek help in a way that you feel comfortable.

Beyond Blue article - When stress leads to anxiety and depression.

Best wishes,

Adrian Glasby Principal Deputy **Denis Johnstone Principal - Students, Staff, Community** 



### R.E. NEWS:

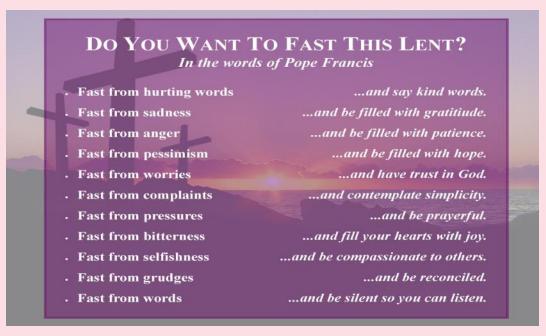
Dear Parents,

Last week we were to participate in some class prayer services for Ash Wednesday, however due to the Circuit Breaker Lockdown, we were unable to do so. We hope to be able to do this in the near future. Special thanks to Miss Elizabeth and the new choir for recording a beautiful version of 'These Ashes' that the classes can view and sing along with.

I have shared a beautiful message about Lent from Pope Francis with our staff and have included it here for you as well. Pope Francis has provided us with a different view of Lent and of fasting. What is it that we can fast from at this time? If you would like to read more about the message from Pope Francis for this Lenten season, please visit the following sites -

https://melbournecatholic.org/news/pope-franciss-message-for-lent-2021-let-us-renew-our-faith

https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2021/02/12/210212a.html



### Confirmation

Confirmation with our Year 6 students is fast approaching. This Sacrament will be held over two evenings on the 10th and 11th of March. As with everything at the moment, it is subject to any Covid-19 restrictions that are in place at that time. In the coming week we will be visiting the Church for rehearsals.

Year 6 parents, please look out for more information and notes to come. The most important of these will be the small Confirmation card that will need to be completed. This is a formal document that will be shown to the Bishop at the ceremony and then will go to the Parish records department. Please complete in very clear handwriting using the guide sheet to help with each of the questions. This card will need to be returned as soon as possible via the tote box to the front office.

In addition to this, there will be a link sent out to families attending Confirmation shortly. This will be for a Google form so that you can register your child, their sponsor and the two adults who will be attending the service. It is important that only one person completes the form to book in the attendees per family.

Next Wednesday the 3rd of March we will be welcoming Bishop Terry to the school. He will be visiting our Year 6 children and talking to them about their preparations for Confirmation. We look forward to his visit.

Please keep all of our Year 6 children, their sponsors and families in your prayers over the coming weeks.

Kindest regards,

Colleen Mahoney, Deputy Principal—Faith & Organisation.



## The Gospel reading for this coming Sunday SECOND SUNDAY OF LENT YEAR B

Mk 9:2-10

A reading from the holy Gospel according to Mark

This is my Son, the beloved; listen to him.

Jesus took with him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus. 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say; they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus.

As they came down from the mountain he warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

The Gospel of the Lord.

## **Prayer**

Glory and praise to you,
Lord Jesus Christ!
From the shining cloud,
the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you,
Lord Jesus Christ!





## **OFFICE NEWS:**

A new finance/administration operating system is currently being implemented at St Chistopher's. Fee statements for 2021 are delayed as a result of this changeover.

School accounts are still payable as per the 2021 fee structure notice sent to all families at the end of last year. All monthly/3 pay plans must commence in February, with annual payment due in full by 28 February.

Should you require any further information regarding your account please email finance@stcapw.catholic.edu.au

Thank you.

Dianne Marks Office Manager



Term 1 2021				
2nd Mar	Tuesday	Water Safety day for Year 6		
3rd Mar	Wednesday	Bishop Terry to visit the Year 6 children		
4th Mar	Thursday	School Photo Day		
8th Mar	Monday	Labour Day Public Holiday - no school		
9th Mar	Tuesday	Sibling Photo Day		
10th Mar	Wednesday	<ul><li>Open Day Sessions for Prep 2022 Tours</li><li>Confirmation - 6G at 6pm and 6B at 7.30pm</li></ul>		
11th Mar	Thursday	- Open Day Sessions for Prep 2022 Tours - Confirmation - 6M at 6pm and 6W at 7.30pm		
18th Mar	Thursday	School Closure Day		
19th Mar	Friday	School Closure Day		
1st April	Thursday	12pm Finish for End of Term One (casual clothes)		

## "AWAY" EMAILS

These email addresses are to be used when notifying the school of any student absence or early pickups due to illness, holidays, medical appointments or family reasons etc. They should also be used to convey any important information regarding your child. Should you experience any difficulties around using these emails, please contact the school office.

Prep Gold: pgaway@stcapw.catholic.edu.au pbaway@stcapw.catholic.edu.au pmaway@stcapw.catholic.edu.au pmaway@stcapw.catholic.edu.au pwaway@stcapw.catholic.edu.au

One Gold: 1gaway@stcapw.catholic.edu.au
One Blue: 1baway@stcapw.catholic.edu.au
1maway@stcapw.catholic.edu.au
1maway@stcapw.catholic.edu.au
1waway@stcapw.catholic.edu.au

Two Gold: 2gaway@stcapw.catholic.edu.au
Two Blue: 2baway@stcapw.catholic.edu.au
Two Maroon: 2maway@stcapw.catholic.edu.au
2waway@stcapw.catholic.edu.au
2waway@stcapw.catholic.edu.au

Three Gold:
Three Blue:
Three Maroon:
Three White:

3gaway@stcapw.catholic.edu.au
3baway@stcapw.catholic.edu.au
3maway@stcapw.catholic.edu.au
3waway@stcapw.catholic.edu.au

Four Gold: 4gaway@stcapw.catholic.edu.au 4baway@stcapw.catholic.edu.au 4maway@stcapw.catholic.edu.au 4waway@stcapw.catholic.edu.au 4waway@stcapw.catholic.edu.au

Five Gold: 5gaway@stcapw.catholic.edu.au
Five Blue: 5baway@stcapw.catholic.edu.au
Five Maroon: 5maway@stcapw.catholic.edu.au
5waway@stcapw.catholic.edu.au
5waway@stcapw.catholic.edu.au

Six Gold: 6gaway@stcapw.catholic.edu.au
Six Blue: 6baway@stcapw.catholic.edu.au
Six Maroon: 6maway@stcapw.catholic.edu.au
6waway@stcapw.catholic.edu.au
6waway@stcapw.catholic.edu.au



## **STC SPORT NEWS:**

### STC 3 vs OLN 3 Fri 5 Feb 21

Inter-school sport is back! With ominous weather surrounding Airport West we managed to complete our first round without a hitch. Our two tennis teams won convincingly in windy conditions along with our boy's tee-ball team who won by a solitary run with an amazing catch by Lachlan Mitchell to seal the game. Our girl's tee-ball and two basketball teams lost against strong opposition. Next round we are away against St Martin De Porres in Avondale Heights. Scores below:

Girls Basketball: STC 4 def by OLN 28
Boys Basketball: STC 32 def by OLN 48
Girls T-ball: STC 15 def by OLN 21
Boys T-ball: STC 20 def OLN 19
Mixed Tennis: STC 5.5 def OLN 4.5
Girls Tennis: STC 11.5 def OLN 1.5

### STC 2 vs St Martin De Porres 4 Fri 12 Feb 21

Our second round of inter-school sport saw us play St Martin De Porres Primary School away in Avondale Heights. Scores below:

Girls Basketball: SMDP 14 def STC 4
Boys Basketball: SMDP 22 def STC 4
Girls Tee-ball: SMDP 20 def by STC 21

Boys Tee-ball: SMDP 16 def by STC 16 (STC win on countback)

Mixed Tennis: SMDP 7 def STC 5
Girls Tennis: SMDP 5 def by STC 7

### STC 3 vs St Therese's 3 Fri 19 Feb 21

After 5 days of lockdown our students were straight back into inter-school sport against rival school, St Therese's of Essendon. Results we shared with St Therese's winning the mixed basketball, girls tee-ball and mixed tennis. St. Christopher's were victorious in girls tennis, boys tee-ball and girls basketball. This is the first time in 7 years we have managed to win girls basketball against St Therese's! Well done girls. Our boys tee-ball team remains undefeated. Scores below:

Girls Basketball: St Therese's 17 def by STC 32 (Jayda Scarafilo 24pts)

Boys Basketball: St Therese's 48 def STC 24
Girls Tee-ball: St Therese's 17 def STC 16
Boys Tee-ball: St Therese's 8 def by STC 23
Mixed Tennis: St Therese's 8 def STC 4
Girls Tennis: St Therese's 4 def by STC 8

### District Swimming Mon 22 Feb 21

A fantastic summer's day saw our swimmers perform with determination and pride. A number of students progressed to the divisional round which is a fantastic result. Well done to all students who participated!

Kind regards,

Michael Costello Sport Teacher





## STC 2021 Class and House Captains

We would like to congratulate the Class and House Captains, as well as the ICT Leaders who have been elected for 2021. We look forward to working with them throughout the year as representatives for our students.

Class	Class Captains	ICT Leaders
1G	Georgia Wong	
10	Tex Taylor	
1B	Piper Lysaught	
ID	Oscar Huynh	
1M	Jacob Crane	
TIVI	Mikayla Bate	
1W	Kian Ahadi	
1 V V	Harper Howard	
2G	Sari Georgiou	
26	Benjamin Gatt	
OD	James Karatatis	
2B	Liana Calleja	
214	Anabelle Johansen	
2M	Jake Davis	
2W	Evie Jones	
∠VV	Edison Roach	
20	Allegra Britton	Alannah Villani
3G	Matthew Smirniotis	Isabella Vita
2D	Riley Chislett	Charlie Watson
3B	Matthew Minichiello	Giovanni Barberio
3M	Damian Georgiou	Thomas Fotheringham
SIVI	Georgia Tottle	Adele Zammit
3W	Harrison Jarrad	Eva Pernasilici
300	Luella Odoardi	Marc Colosimo
40	Ned Cain	Thirimu Muraya
4G	Lily Gatt	Ada Polack
40	Hana Taranto	Alexia Radimisis
4B	Paolo Cugliari	Kael Neville
484	Mia Africano	Ada Stranieri
4M	Leo Palmieri	Hunter Buzzanca
4107	Xavier Pirotta	Ethan Cummings
4W	Charlotte Steel	Alexia Saragozza

Class	Class Captains	ICT Leaders
F.O.	Talia Clarke	Madison Richardson
5G	Tyler McBride	Christian Castello
5B	Kane Waters	Asha Wong
30	Celeste Cruz	Leone Fantauzzo
5M	Romeo Seremetis	Natalie Sumner
SIVI	Ava Bruno	Cristiano De Godoy
5W	Mia Papaleo	Noah Bonnici
300	William Peel	Lorraine Yacoub
6G		
0G		
6B		Milania loculano
06		Christian Lanza
6M		Reilly McKenzie
OIVI		Antonio Templeton
6W		Samuel Jackson
OVV		Christian Vita

Bianca Villani  SCHOOL VICE CAPTAINS  Domenico Stranieri  Jenna Hadeed  Caylus Vadala  Curtis Pardo  Jayda Scarafilo	HOOL CAPTAINS	ner Hickson				
SCHOOL VICE CAPTAINS  Jenna Hadeed Caylus Vadala  Curtis Pardo	HOOL CAFTAINS	nca Villani				
SCHOOL VICE CAPTAINS  Jenna Hadeed Caylus Vadala  Curtis Pardo						
CAPTAINS    Jenna Hadeed		nenico Stranieri				
BLUE HOUSE Curtis Pardo		na Hadeed				
BLUE HOUSE		lus Vadala				
BLUE HOUSE						
Jayda Scarafilo	BLUE HOUSE	tis Pardo				
	BLUE HOUSE	da Scarafilo				
YELLOW HOUSE Alex Minichiello	ELLOW HOUSE	k Minichiello				
Aliciya Ruscigno	ELLOW HOUSE	iya Ruscigno				
RED HOUSE Christian Nigro	DED HOUSE	istian Nigro				
Lily Brooker	RED 11003E	Brooker				
GREEN HOUSE Hunter Fucile	GREEN HOUSE	ter Fucile				
Abbey Ronald	SKEEN HOUSE	ey Ronald				





## YEAR 7, 2023

## **Enrolment Information**



## 2023 ENROLMENT TIMELINE

- 18 February 2021 Applications Open
- 17 March 2021 Enrolment Information Evening
- 20 August 2021 Applications Close
- 22 October, 2021 First Round Offers Posted to Families
- 12 November, 2021 Final Date for Acceptance of Offers

Offers of Enrolment are subject to the Federation of Catholic Regional College's Enrolment Criteria as per: www.crcnk.com.au/enrolment/enrolment-

policy

## **COLLEGE TOURS SEMESTER 1**

Thursday 18 February Tuesday 20 April
Thursday 25 February Thursday 6 May
Tuesday 9 March Tuesday 1 June
Tuesday 23 March Tuesday 22 June

Bring your child to experience CRCNK: See students in action, meet the Principal and

College Leaders.

## **ENROLMENT INFORMATION EVENING**

7pm - Wednesday 17 March
John Arthurson Auditorium, CRCNK
\*Please note this is a parents' only evening

Bookings Required for all College Tours and Enrolment Information Evening please telephone: Samantha Beg, Community Liaison Officer - 9361 5904



For further information please contact: Samantha Beg, College Registrar:

Telephone: 9361 5904 Email: enrol@crcnk.vic.edu.au

2021 Year of Respect



## ST BERNARD'S COLLEGE

41 Rosehill Road, Essendon, 3040.

## **ENROLMENT APPLICATION**

**YEAR 7, 2023** 

## ENROLMENT APPLICATION PARENT INFORMATION EVENING

## A VIRTUAL ONLINE PRESENTATION

(New and Current Families) TUESDAY, 16 MARCH 2021 at 7.00 PM

To view the virtual online presentation, a link will be available on the College website In the Future Students/Enrolment section.

Applications for Year 7 2023 close on Tuesday, 27 April 2021.

TOURS of the College in 2021

Morning and afternoon tours are offered and available.

Bookings are essential.

Refer to College website
Future Students/Enrolment section under the Tours tab

FOR FURTHER INFORMATION:

Refer to -COLLEGE WEBSITE: www.sbc.vic.edu.au

Contact registrar@sbc.vic.edu.au or inocci@sbc.vic.edu.au





FAITHFUL CONTEMPORARY INNOVATIVE SINCE 1897



## Visit our new website

www.columba.vic.edu.au

St Columba's College has launched a new website to help you, as you begin to plan for your daughter's secondary school experience.

We invite you to visit our new website to learn more about our College and to book your onsite tour.















## AIRPORT WEST FC - AUSKICK

Starts: 16th April Time: 5pm -6pm

Where: Etzel ST Oval Airport West

Contact: Jason Mason Mb 0425 367 420 E. jmason@taf.com.au - Register & pay online

play.afl/auskick

Are you a keen netball player, looking to join a new team, or a new player looking to develop your skills?

St Therese's Netball Club promotes fun, fitness and player development in an encouraging environment.

If you're interested in playing in the 2021 seasons, or for more information, please contact us via email on player.stnc@gmail.com



### JUNIOR PROGRAMS

Girls and Boys Welcome!

### Net-Set-Go!

Net 5yrs +

(skills & drills)

Set 7-8 yrs (skills, drills & modified comp)

Go! 9-10 yrs (skills, drills & modified comp)

Training for all club teams is held on Monday evenings at Riverside netball courts, Newsom St, Ascot Vale

Games for our under 11 and under 13 competitions are played











ABERFELDIE JUNIOR FOOTBALL CLUB

## WELCOMING **NEW PLAYERS** IN 2021



**U8 Boys & Girls** U10 - U16 Boys U10 - U18.5 Youth Girls



FOR MORE INFO EMAIL: registrar@abers.com.au



- · Boys & Girls 4-10 years
- · \$90 including Auskick pack
- · Kicks off on Saturday 24th April at 9am
- Aberfeldie Park West (EMP cricket ground on The Blvd)

REGISTER AT: www.aflauskick.com.au



Aberfeldie Cricket Club

Clifton Park - Batman Street, Aberfeldie From Friday 9th November 2018 - 6pm-7pm

Contact: Leigh Fotheringham (St. Christopher's Parent)

Mobile: 0416 146 751 Email: Ifotheringham@johnslyng.com.au

JOIN THE FUN AT YOUR LOCAL CENTRE

REGISTER AT PLAYCRICKET.COM.AU











## ST. BERNARD'S AUSKICK 2021

Registration for the 2021 St Bernard's Auskick season is now open. If you are looking to participate in Auskick this year, please register and pay online at www.aflauskick.com.au.

## Girls Auskick Group is back in 2021

### Please note of the following:

- The cost for 2021 is \$96 for 14 sessions
- St Bernard's Auskick will start on Saturday 24 April 2021 9:30am to 11:00am
- Auskick is for all ages from 4-10 years
- Each age group is coached by experienced coaches
- 180+ kids registered in 2019
- Packs will be mailed directly to each participant
- Participate in the Auskick Day at St Bernard's and run out with the Seniors
- Grid games at Marvel Stadium and the MCG (if they proceed)
- Get your personalised footy cards
- Weekly prizes and competitions

### Need more information?

Contact Co-ordinator Ben Hogan on 0402 919 523 or stbernardsfooty@gmail.com

## AIRPORT WEST FC **REGISTRATION DAY**

PLAY FOOTBALL AND SOCIALISE WITH YOUR FRIENDS JOIN A TEAM AT AIRPORT WEST FOOTBALL CLUB

SUNDAY 14TH FEBRUARY 10AM TO 12PM AIRPORT WEST FC CLUB ROOMS ETZEL STREET AIRPORT WEST

> Register & pay on the day to secure your spot in our teams in 2021



- Under 10's boys and girls places open
- Under 12 boys places open
- Under 14 girls places open
- Under 14 boys places open Under 16 boys places open
- Auskick 5yrs 12yrs

2021 season prices Under 8 & Under 14 Girls \$180 All other age groups \$375

Discount for siblings TRAINING STARTS MID MARCH

ENQUIRES: admin@airportwestfc.com.au Jason 0425 367 420/ jmason@taf.com.au

airportwestfc.com.au or







## KEILOR PARK SOCCER CLUB

## FOOTBALL

## A fun, educational and celebratory two-day event all about soccer for boys and girls!

## Friday, February 26

- · 6.00pm SALT Youth Leadership presentation
- 7.00pm Football Fiesta introduction and KPSC new Football Program presentation
- · 7.30pm Official opening of Cassar Bar

## Saturday, February 27

Presentations to be held in the Club Pavilion

- 10.00am-10.45am Food & Nutrition
- · 11.00am-11.45am Strength & Conditioning
- · 12.00pm-12.45pm Injury Prevention & Recovery Management

Training Sessions based on our new football pathway program to be held on Pitch 1

- 9.00am–10.15am Little Eagles fun and games
- 10.30am-11.15am U8 to U10 training sessions based on Discovery phase
- 11.15am-12.00pm U11 to U13 training sessions based on Skill Acquisition phase
- 12:00am-12.45pm U14 to U16 training sessions based on Training phase

2.00pm - Reserve/ Senior Women's game (Intra club match)

2:00pm - Reserve Men's game

4.00pm - Senior Men's game

### Kids Entertainment

- · Jumping castle and soccer shootout
- · Western United inflatable dartboard

### Food & Beverages

- · Canteen and Cassar Bar to be open
- Sausage sizzle and gyros
- · Popcorn machine and cart

Plus, sponsorship stalls, special guests and much, much more!









## SCHOLASTIC \*\* Book Club

## **ISSUE 1 – OUT NOW!**

# Book Club Book Club

Dear Parents/Guardians,

Welcome back to another year of Book Club @ STC. Your ongoing support of this program is much appreciated. For every Book Club order placed, Scholastic gives back 20% of the order to STC to spend on books for our library!

Issue #1 from Scholastic Book Club is now available to order. Purchases can be made <u>online</u> only - orders close by Fri 19<sup>th</sup> February.

Due to COVID-19 restrictions no cash or cheque payments are accepted at school.

To place an order you will need to have already registered for "LOOP" - you can Register or Sign in using this link:

https://mybookclubs.scholastic.com.au/Parent/Login.aspx

For those of you unfamiliar with how Book Club works there is a handy guide for you to access here - Parents' Guide to Book Club

Many thanks, Kathleen Cefai