

St Christopher's Newsletter

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Term 2 Week 5 11th May, 2020

PRINCIPAL:

Adrian Glasby

DEPUTY PRINCIPALS:

Colleen Mahoney
Faith & Organisation

Denis Johnstone Students, Staff & Community

Video Message from Colleen Mahoney,
Deputy Principal –
Faith & Organisation



Video Message from Naomi Martret, English Leader



Dear families.

I hope you are well. Once again, thanks for all the feedback, kind words and support our staff and myself have been receiving. I am so proud of the collective effort of the STC community.

As stated in my letter last week, we are collecting some basic writing assessment from your children this week. Just get your children to do the best they can and please ensure it is only their work, with no adult help. We would prefer these tasks are completed but if the process is too difficult for you or your child, we can catch up with your child's assessment when they get back to school. Classroom teachers will provide feedback next week.

As you would be aware there have been some easing of restrictions, but no information on schools yet. I will write to you as soon as practical when we receive information regarding a return to school, which according to the Premier, will be gradual and staged. Until then it's business as usual at school or should I say business as unusual. Nothing has changed **yet.**

Please continue to do the best you can, with what you can, where you can. I look forward to a time when we all return to school.

Best wishes and stay healthy

Adrian Glasby Principal





Religious Education Newsletter

Dear Parents,

I hope that you all had a lovely Mother's Day on Sunday. As mentioned in my attached video on the front page of this newsletter, Family Week starts on Friday the 15th of May (covers week 6). We will have a few different family activities, which will be promoted through the Religious Education section of the Learning at Home Tasks for week 6 (not this week).

Thank you again for the feedback about the Religious Education Learning at Home tasks. It is really lovely to hear the stories about families saving those activities for special times of the day, or for trying to work together on them. I also know that some of our teachers have been receiving emails and photographs of special pieces of work, such as prayers or reflections and have shared those with me too. These have been so wonderful to see.

This coming Sunday is the sixth Sunday of Easter. I have attached the Gospel reading for you. Don't forget that families can access mass from St Patrick's Cathedral each Sunday during this time. The link is as follows –

http://melbournecatholic.org.au/Mass

All the best to you and your families,

Colleen Mahoney
Deputy Principal of Organisation and Faith.

Gospel Reading: SIXTH SUNDAY OF EASTER YEAR A - Sunday 17th May

A reading from the holy Gospel according to John

<u>Jn 14:15-21</u>

I shall ask the Father and he will give you another Advocate.

Jesus said to his disciples:

'If you love me you will keep my commandments. I shall ask the Father, and he will give you another Advocate to be with you for ever, that Spirit of truth whom the world can never receive since it neither sees nor knows him; but you know him, because he is with you, he is in you. I will not leave you orphans; I will come back to you. In a short time the world will no longer see me; but you will see me, because I live and you will live. On that day you will understand that

I am in my Father and you in me and I in you.

Anybody who receives my commandments and keeps them will be one who loves me; and anybody who loves me will be loved by my Father, and I shall love him and show myself to him.'

The Gospel of the Lord.

Alleluia, alleluia!

All who love me will keep my words,

And my Father will them

and we will come to them.

Alleluia!







WELLBEING @ STC TERM 2, WEEK 5

Dear Parents and Carers,

A Very Happy Mother's Day to All:

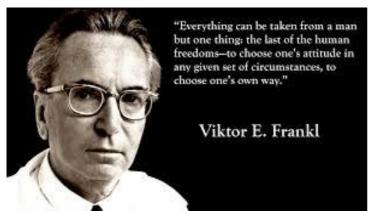
I hope all of the mothers and grandmothers were able to have a wonderful Mother's Day celebration - mothers are at the heart of our homes and it's unfortunate that this special day fell during our current isolation situation. I ensured my wife, mother and mother-in-law had a great day and Hendrix, Zadie and I were able to show our appreciation for all of the amazing love, support and guidance they provide our family. I hope the special women in your life were treated similarly!

Isolation Reading and Lessons:

At the beginning of the year, I set myself a challenge to read a book every 3 months (not super quick I know, but I was trying to be realistic!). I'm going ok, now on to book number two. Book number one that I began at the start of this year has been a particularly poignant one during our current lockdown/isolation period. The book is *Man's Search For Meaning* by Viktor E Frankl; it's a very old book written by a psychologist and holocaust survivor. I'm fortunate enough to have been lent a 1st edition of the book by a friend of mine. I love old books.

I've found the book absolutely fascinating as it observes human behavioural responses and patterns when confronted with the greatest suffering and indeed horrors one could imagine; physically, mentally and spiritually. However, it is not a story of despair, rather it is one of endurance, growth and most importantly hope.

I've included a couple of quotes from the book that I think are particularly applicable to us currently, after almost two months of isolation and a month of Learning at Home. Our situations are far separated from those who suffered in the WWII concentration camps, however, we can draw some terrific lessons from these amazing people and Dr Frankl.





The First Quote -

"Everything can be taken from a man (person) but one thing, the last of the human freedoms - to choose one's attitude in any given circumstance." challenges us to search for gratitude when experiences and things that we value are taken from us. What attitude are you choosing during isolation? What attitude are you modelling to your children during isolation?

The Second Quote -

"When we are no longer able to change a situation - we are challenged to change ourselves." is an invitation to embrace the mindfulness concept of acceptance, look inward and invest in personal growth. It's a big one! What habits, patterns, dispositions has this isolation period made you aware of that you would like to try and change? How are you going with those changes? How are you going to get started?



WELLBEING @ STC TERM 2, WEEK 5 (Continued)

Parenting Courses:

Over the course of Term 2, I have had numerous conversations with parents who have been challenged in multiple ways by their children. I always say to friends who are about to start their parenting journey - parenting is the hardest and best job that you'll ever do! Keep talking to other parents and keep doing the best you can. Mackillop Family Services are offering a range of online parenting supports for those who are interested.



mackillop.org.au

FREE Parenting Programs & Support, contact us for Zoom link and assistance

Where	When	Time	Program
Online via Zoom Contact: Kelly Russell 0418 167 791	Fridays Starting May 8th to June 19th	10:00am —11:30am	Circle of Security
Online via Zoom Contact: Kosina Hanson 0438 756 894	Tuesdays Starting May 19th to June 23rd	10:00am—11:30am	Tuning into Kids COVID-19 special
Online via Zoom Contact: Kelly Russell 0418 167 791	Fridays Starting May 8th to June 12th	1:00pm—2:30pm	Tuning into Kids
Online via Zoom Contact: Kelly Russell 0418 167 791	Tuesday 12th May or Tuesday 9th June	4:00—5:00pm 4:00pm—5:00pm	Join us for these question & answer sessions All about PreTeens & Teens
Online via Zoom Contact: Kosina Hanson 0438 756 8944	Wednesday 6th May or Wednesday 10th May	3:00pm—4:00pm 3:00pm—4:00pm	Join us for these question & answer sessions All about kids (4-10yrs)

Want to know more?

(03) 9680 8444

 ${\color{red} \, \, } \qquad \qquad \text{RegionalParentingService@mackillop.org.au}$

Student use of STC Devices and Emails:

Please remind your child(ren) that STC devices and emails are to be used for school purposes only. <u>Google Meets are only to be set up by teachers and used while a teacher is conducting the Google Meet.</u>

Stay safe, stay healthy, stay connected,

Denis Johnstone

Deputy Principal of Students, Staff & Community

COMMUNITY NOTICE BOARD:

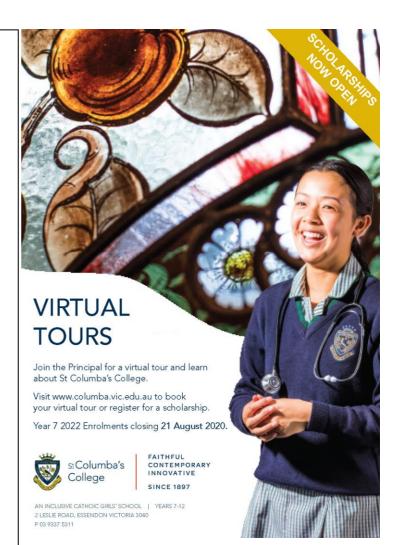


St Bernard's College - Year 7 2022 Enrolment Reminder

Online applications are still possible. The online link will remain open until Wednesday, 20 May 2020.

Refer to College website www.sbc.vic.edu.au and scroll across to Future Students tab and then scroll down to the enrolment tab.

For more information contact College Registrar - Mr John Nocci via email - jnocci@sbc.vic.edu.au or by phone - (03) 9289 1103.







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